



Virtual Visits

One of the easiest and safest ways to *be* the Church throughout the pandemic is to ensure your fellow parishioners and broader community are not forgotten. The following are a few ways to engage the community during this time of need:

Organize a system of interconnectedness by reaching out via audio or video call to spend time - virtually - with members of the community, especially those in quarantine, seniors, and others sheltering in place. For a community call process see: [Guideline for Telephone Wellness Checks](#)

Regularly check-in on family and friends, especially those suffering from mental illness, addiction, and/ or at risk of domestic abuse.